

Accommodations



A block of rooms are reserved at the Embassy Suites Raleigh-Durham/Research Triangle for Thursday, April 30th at a rate of \$119 plus tax for attendees of the 44th Annual AWHONN conference.

For reservations, please call or reserve online by March 31st, 2015.

For telephone registrations, call 1-800-EMBASSY. Please identify yourself as an AWHONN participant.

For online reservations, go to

https://resweb.passkey.com/Resweb.do?mode=welcom_ei_new&eventID=12840196

44TH ANNUAL AWHONN N.C. SECTION CONFERENCE

BUILD YOUR NETWORK,
GROW YOUR MIND, AND
ENERGIZE YOUR SPIRIT

MAY 1, 2015
8 AM - 4:15 PM

EMBASSY SUITES RALEIGH-
DURHAM/RESEARCH
TRIANGLE

201 HARRISON OAKS
BOULEVARD | CARY, NORTH
CAROLINA 27513



AWHONN
NORTH CAROLINA
PROMOTING THE HEALTH OF
WOMEN AND NEWBORNS

44TH ANNUAL AWHONN N.C. SECTION CONFERENCE

May 1, 2015, 8 am – 4:15 pm

Embassy Suites Raleigh-
Durham/Research Triangle in Cary, NC

Who Should Attend

RNs, LPNs, NPs, CNMs, IBCLCs and other professionals providing care for women, infants and their families.

Objectives

- Starting the day with laughter engages both hemispheres of the brain. Tension is decreased. Retention and application of conference materials are increased.
- Participants will review evidence based practice of labor support and position changes to promote physiologic birth and improved outcomes
- To succinctly identify and explain how increases in stress at the societal and nursing unit levels impact care quality and self-care in general.
- Outline the benefits for nurse and patient of bridging outpatient and inpatient experiences through Centering Model Care.
- Discuss the epidemiology and pathophysiology of peripartum cardiomyopathy
- Discuss the natural decline in fertility with age and its impact in the era of delayed parenting
- Describe the different thyroid diseases which occur during the postpartum period
- Strategies for alleviating "PCLS" (Post-Conference Let-Down Syndrome)

Credit

- 0.55 CEUs pending
- 5.5 Contact Hours pending

Nurses: This educational activity can be applied toward your continuing competence plan for maintaining your current licensure with the North Carolina Board of Nursing.

Faculty

Leo Brancazio, M.D.

Maternal-Fetal Medicine Specialist
Duke University

Estela Difranco Field, CNM, MSN

Centering Facilitator

Jennifer L. Eaton, M.D., M.S.C.I.

Medical Director, Assisted
Reproductive Technologies
Director, Oocyte Donation Program
Duke Fertility Center

Deb Gauldin, RN, PMS

The Singing OB Nurse
Deb Gauldin Productions

Ami L. Goldstein, MSN, CNM, FNP

Assistant Clinical Professor UNC-CH

Emily Jackson, MSN, CNM

Manager Labor & Delivery
UNC Women's Hospital

Rhonda Lanning, RN, MSN, CNM, IBCLC

Clinical Assistant Professor
University of North Carolina at
Chapel Hill School of Nursing
Program Coordinator for Birth
Partners, The UNC Volunteer Doula Service Pro-
gram North Carolina Women's Hospital

J Bryan Sexton, PhD

Associate Professor in Psychiatry and Behavioral
Sciences
Duke University

Register Early!

Conference registration is limited to 250
people.

For more information and assistance
contact Conference Chair April Lalumiere
at least five working days prior to
the activity by calling 919-784-3218 or
emailing AWHONN.Raleigh@gmail.com

Program Schedule

Friday, May 1, 2015

8:00 am Registration & Continental Break-
fast / Exhibits

8:30 am "Better Than Caffeine" Conference
Kick-Off with **Deb Gauldin RN, PMS**

8:40 am Back to Basics: Using High-Touch
Nursing Care to Support Normal Birth **Rhon-
da Lanning, CNM & Emily Jackson CNM**

9:40 am Break / Exhibits

10:00 am Thriving vs. Surviving during times
of change: The Science of Enhancing Resili-
ence **J. Bryan Sexton, PhD**

11:30 am Lunch (Provided) / Exhibits/NC
AWHONN Section Business Meeting

12:30 pm Concurrent Sessions - Choose One

A. Thyroid Disease across the Lifespan **Ami
Goldstein, CNM, FNP**

**B. Out of the Hospital and Into the Commu-
nity: Duke Labor and Delivery Nurses' Ex-
periences in Centering Pregnancy Groups**
facilitated by **Estela Difranco Field, CNM,
MSN**

**C. High Risk OB: Peripartum Cardiomyopa-
thy** by **Leo Brancazio, MD**

1:30 pm Break/Exhibits

2:00 pm Concurrent Sessions - Choose One
(Repeat of 12:30 sessions)

3:00 pm "Social" Egg preservation: Insur-
ance or False Assurance? **Jennifer Eaton,
MD**

4:00 pm "Tunes & Toons" Conference Re-
cap **Deb Gauldin RN, PMS**

4:30 pm Adjourn

Registration Form

**44th Annual N.C. AWHONN Section
Conference**

May 1, 2015

**Embassy Suites Raleigh-Durham/
Research Triangle Cary, NC**

**Early bird fees (available until March
31st at 11:30pm)**

\$ 110— AWHONN member early bird

\$ 120— Nonmember early bird

After March 31st—

\$125— AWHONN member fee

\$135— Nonmember fee

Online Registration Preferred!

Registration fee includes instruction-
al and administrative costs, certificate
of completion, program materials, re-
freshments and lunch.

Register and pay online at [https://
eventbrite.com/
event/13595226689/](https://eventbrite.com/event/13595226689/)

You may send a substitute in your
place.

**Please share this information with a
colleague.**