

# SEPSIS CHECKLIST

**Suspect Sepsis:** (Infection + 2 or more SIRS)

\_\_\_ Order **Blood Cultures**

\_\_\_ Order a **Lactate level**

**Severe Sepsis:** (2 + SIRS criteria AND organ dysfunction AND a suspected infection)

**Time Zero:** \_\_\_\_\_

**Within 3 hours of Time Zero (as quickly as possible)**

\_\_\_ Order **Blood Cultures** if not done previously - Draw before antibiotic given

\_\_\_ Order a **Lactate Level** if not done previously

\_\_\_ Start **IV Antibiotics**

\_\_\_ For Hypotension (BP<90 or MAP<65) Give **Crystalloid IV Fluids** (NS or LR)  
**30ml/kg**

\_\_\_ Record at least **2 BPs** in the hour following **conclusion of 30ml/kg**

**Within 6 hours of Time Zero**

\_\_\_ Repeat the **Lactate Level** if the initial was >2

**Septic Shock:** (Severe Sepsis + Lactate  $\geq 4$  or persistent hypotension within the one hour following the conclusion of the 30ml/kg)

**Time Zero:** \_\_\_\_\_

**Within 6 hours of Septic Shock Time Zero**

\_\_\_ Start **vasopressors** (if hypotension persists after the 30ml/kg)

\_\_\_ Repeat **focused exam** by a provider (.SEPSISEXAM) includes:

\_\_\_ Vital Signs

\_\_\_ Cardiopulmonary exam

\_\_\_ Capillary refill exam

\_\_\_ Peripheral pulse exam

\_\_\_ Skin color exam

Date/Time Bundle **Completed:** \_\_\_\_\_

