

DID YOU MAKE A RESOLUTION TO QUIT TOBACCO?

Check out Tobacco Free Tar Heels

FREE Tobacco Cessation Program for
UNC Health Care Employees & their Families*

This program offers:



Medication



Weekly Support



Treatment Plan



Convenient Location

For more information or to enroll:

Phone: (984) 974-8455

E-mail: tobaccofreetarheels@unc.edu

* Family members who are listed as covered dependents under the State Health Plan are eligible.